

# CHAMBER CHATTER

NOVEMBER 2010

The Official Publication of the Bedford Chamber of Commerce



## South Pointe Hospital a Cleveland Clinic hospital

### South Pointe Hospital To Host Annual Diabetes Health Fair

South Pointe Hospital's Diabetes Education Center will host their Annual Diabetes Health Fair on Friday, November 12 from 2:00 to 5:00 p.m. at South Pointe Hospital located at 20000 Harvard Road in Warrensville Heights .

The Health Fair will feature a series of events to educate diabetes patients and caregivers on the best ways to manage diabetes, free health screenings, patient testimonials, a question and answer session with a panel of cross-disciplinary experts from South Pointe Hospital and cooking and exercise demonstrations.

Diabetes develops when the pancreas does not make enough insulin or because the cells in the muscles, liver, and fat do not use insulin properly, or both. A family history of diabetes, race, being overweight, hypertension, abnormal blood cholesterol or triglyceride levels, advancing age, alcohol use, and smoking can all put an individual at higher risk of developing diabetes. Over the years, complications can lead to heart disease,

stroke, kidney disease, blindness, nerve problems, gum infections, and amputation.

No reservations are required. For more information please call 216.491.7385 or visit [southpointehospital.org](http://southpointehospital.org).



Bedford Historical Society  
BEDFORD, OHIO

### Feliz Navidad, Среќен Божиќ and Fröhliche Weihnachten

*are a few ways to say Merry Christmas.*

The Bedford Historical Society is getting ready for its Annual Christmas Open House in conjunction with Christmas in Bedford Falls. On Saturday December 11th from noon to 4 pm, we are celebrating the customs of many nationalities blended into our Christmas memories.

On the patriotic side- Abraham Lincoln will be greeting visitors in the Lincoln room. He will offer a taste treat from his Christmas past. For a few American coins, visitors can buy the recipe from Abe himself. A new



## SAVE THE DATE!

### 2010 Christmas In Bedford Falls

*Sponsored by the Bedford Chamber of Commerce*

33 S. Park, Bedford | 440.232.0115

Saturday, December 11th • 12:00 Noon to 4:00 PM

- Santa & Mrs. Claus arrive on a caboose at the Train Depot
- Christmas Puppet Show by Puppets with Pizzazz!
- Horse & Wagon Ride
- Photo with Santa & Mrs. Claus
- Balloon Bender Dave
- Story Book Time ~ Polar Express

**SEE PAGE 3 FOR MORE!**

book in the historical library is about foods and beverages that Lincoln and his family enjoyed.

Bedford Heights council president Phil Saunders will have a Christmas Village on display with the HO trains of Bob Pallat .

A unique display of ceramic Santa's will be on exhibit. There will be more to see on every floor of the Town Hall Museum. A third floor Christmas tree will display ornaments of other countries, post cards from around the world, and there will be tasty treats from our varied Christmas traditions.

A decorated Victorian feather tree will be on display in the parlor on the second floor. The print shop will be printing images of the holiday. As with Christmas, surprises are also likely to enhance your visit.

The museum gift shop will have a silent auction of two decorated authentic feather trees. Feather trees were a Victorian invention made painstakingly from bird feathers. One has ornaments made from historic photos of Bedford and the other feather tree will be of German die cuts.

*If you have a favorite ethnic treat or custom to share with visitors please join us in the celebration of our unique family traditions.*

*Holiday greetings to our fellow Chamber members from the Bedford Historical Society.*



## Allow Us To Be Direct

UH Bedford Medical Center is proud to announce a new exceptional dimension in emergency care.

Called ED Direct, our new emergency department care protocol ensures that you will be registered, prepped and into one of our well-equipped examination areas within 30 minutes of your arrival at our emergency department.

When you arrive, a nurse will personally begin your care experience with our "Quick Reg" patient registration process that updates your UHCare electronic medical record. Your caregiver will then record your symptoms and vital signs, ask about any allergies you may have and then proceed with a detailed assessment of your condition. This includes documenting any

UH Doctors make the Difference.

**In the ED doors.  
In an ED room.  
With an ED doc.**



**In 30  
minutes.**

## Introducing ED Direct. At UH Bedford Medical Center.

**When you walk in for emergency medical care,  
the last place you should expect that care to begin is the waiting area.**

With ED Direct at UH Bedford Medical Center, a nurse will immediately begin your care experience with our "Quick Reg" patient registration process. After your symptoms and vital signs are recorded, you'll be taken to one of our well-equipped examination areas for a more detailed assessment of your condition. This includes documenting current medications, allergies and risk factors which may impact your care. And then...you'll see a doctor.

**Now, you'll go from our ED doors to seeing an ED physician within 30 minutes.\***

**EDDirect**

**Our new exceptional  
dimension in Emergency  
Department care.**

**440-735-3800**



UHbedford.org • Most major insurances accepted.

UH Bedford Medical Center  
44 Blaine Avenue  
Bedford, OH 44146

\* You may be attended to by a Physician,  
Physician Assistant or Nurse Practitioner.

Bedford Chamber of Commerce  
Luncheon Meeting ~ Wednesday, November 17th



Networking ~ 11:30 am Lunch ~ 12:00 pm

Speaker ~ 12:30 pm

Mike Mallis, Bedford Economic Development Department

Mike Mallis will be discussing the City of Bedford Home Energy Efficiency Project,  
As well as other programs and grants currently available.

Name(s) \_\_\_\_\_

Company \_\_\_\_\_ Number Attending \_\_\_\_\_

Location: Catered Elegance, 1160 Broadway Ave., Bedford

Menu:

Thanksgiving Themed Lunch Buffet

Also includes:

Bread ~ Salad ~ Dessert ~ Soft Drinks ~ Coffee/Tea

\$15.00 per person

Reservations are required by ~ Monday, November 15th

RSVP to Email: [bedfordchamberoh@sbcglobal.net](mailto:bedfordchamberoh@sbcglobal.net)

Office (440) 232-0115 Fax (440) 232-0521

## Christmas in Bedford Falls

*"It's A Wonderful Life"*



Saturday, December 11<sup>th</sup> 2010  
12 Noon to 4:00 PM

Puppets with Pizzazz Puppet Show  
1:30 -2:00 and 2:30 -3:00  
Doty & Miller Architects  
600 Broadway

Dance Performance  
Lauray's Studio of Dance  
704 Broadway

Valley Save -A-Pet/The Purr-fect Place  
Open House at 715 Broadway  
12 Noon to 4:00 PM

Bedford Historical Society  
Holiday Open House  
30 South Park  
12:00 Noon to 4:00 PM

- ♥ Santa & Mrs. Claus Arrive on Train at the Bedford Train Depot
- ♥ Photos With Santa & Mrs. Claus-668 Broadway-Bring your camera
- ♥ Balloon Bender Dave - Carson Business Center - 670 Broadway
- ♥ Burning River-N-Track Train Display - 712 Broadway
- ♥ Boy Scout Troop 447 - Non Perishable Food Drive - Veteran's Park
- ♥ Horse-Drawn Wagon Rides - Along Broadway in Downtown Bedford

Join us for our "It's A Wonderful Life" event and visit the many  
other activities provided by the Bedford Downtown Businesses

Sponsored by the Bedford Chamber of Commerce  
33 South Park, Bedford | 440.232.0115

medications you're currently taking and any risk factors that may impact your care.

At UH Bedford Medical Center our experienced clinical staff trained in Emergency Medicine and trauma care are equipped and prepared to meet all your emergency care needs. We also hold Chest Pain Accreditation for exceptional early-stage heart attack care that includes remote EKG monitoring, enabling paramedics to minimize heart muscle damage by transmitting an instant cardiac analysis to our Emergency Department.

We are here to manage any adult or pediatric emergency situation 24 hours a day, seven days a week. So, no matter what your emergency may be, trust the Emergency Department at UH Bedford Medical Center for prompt, quality care.

To contact our Emergency Department directly, call 440-735-3800. In a medical emergency, always call 911 immediately.



## Boy Scout Troop 447 Spaghetti Dinner ~ Fund Raiser

Boy Scout Troop 447 spaghetti dinner fund raiser on Nov. 20 from 4-8 pm

All you can eat! Adults \$8.00 and \$4.00 for children 6-12 yrs.

Take out available!

VFW Hall located at, 343 Northfield Rd. in Bedford, Corner of Northfield and Forbes Road

Hope to see you there and thank you for your support!

Ernie Walker, Scoutmaster - BSA Troop 447

## Bedford HealthSource Chiropractic & Rehabilitation

### Back & Neck Pain Eliminated, Quickly & Easily

Work Injury? Car Accident?

Make an appointment with Bedford Chiropractic and Progressive Rehab Center. We accept all insurance plans.

Initial Exam/Consultation is Free if you make your appointment in November.

Services Offered:

Work Injuries • Carpal Tunnel • Neck Pain • Car Accidents • Sports Injuries • Carpal Tunnel • Disc Herniations • Low back Pain • Sports Injuries/Physicals • Sports Physicals • Rehabilitation • Spinal Decompression • Family Care • Pain Management



### Bedford Chiropractic & Rehabilitation

Dr. Dereck Armin,  
Chiropractic Physician

690 Broadway Ave.

Bedford, OH 44146

Phone (440) 232-4325

[www.healthsourcechiro.com](http://www.healthsourcechiro.com)

## Bedford Councilwoman Marilyn Zolata is Citizen of the Year



Marilyn Zolata, Bedford City Council member for 18 years was recently honored by the Bedford Community Council as the Citizen of the Year for 2010. Mrs. Zolata was selected for her many years of continuous support of the City of Bedford through the many

organizations she is active in, such as the Bedford Historical Society, Chamber of Commerce, Southeast YMCA, Bedford Seniors and Light of Hearts Villa. She was described as the ultimate volunteer by distinguished Bedford city leaders at the honor ceremony. Congratulations to Councilwoman Zolata on her well deserved award!



## Admissions Information for 2010-2011 School Year

### Open Houses:

- Wednesday, October 27, 2010: 6:30pm-8:30pm
- Sunday, November 14, 2010: 12:00pm-3:00pm

### Scholarship/Entrance Exams: (\$20)

- Saturday, October 23, 2010; 9:00am-12:00pm; Scholarship Exam

**You're Invited!**  
St. Peter Chanel Firebird Boosters, proudly present  
**Night at the Races**



- Wednesday, November 10, 2010: 6:00pm-9:00pm; Scholarship Exam
- Saturday, November 20, 2010: 9:00am-12:00pm; Scholarship Exam
- Saturday, December 11, 2010: 9:00am-12:00pm; Scholarship Exam
- Saturday, January 8, 2011: 9:00am-12:00pm; Scholarship Exam

**Tuition For This Current School Year:**

- \$8,500: is all-inclusive; no additional fees!!
- 10% Discount for Alumni children
- \$750 Discount for Lumen Cordium alumni children
- \$1,000 discount for 2nd child
- \$2,000 discount for 3rd child

**St. Peter Chanel Craft Show**

Start your Christmas shopping early!

December 4, 2010 • 9:00 AM – 3:00 PM

480 Northfield Road, Bedford, Ohio 44146

Vendor space is available contact Parent Association at 440-232-5900 ext 165

**ATTENTION**

**ACTORS, SINGERS, DANCERS**

**GRADES 6, 7, 8!!**

Chanel Theatre Company is holding open auditions for



**A Musical Fable of Broadway**

Auditions: Sunday, 12/5/10 • 1:00-2:30 PM / 2:30-4:00 PM

St. Peter Chanel High School

Please email [adecesare@stpeterchanel.com](mailto:adecesare@stpeterchanel.com) for more information and to register for an audition session.

**Join Us:** Friday, November 19th, 2010  
**Where:** St. Peter Chanel Gymnasium (480 Northfield Rd.—Bedford)  
**Time:** Doors Open at 6:00 (Dinner served at approx. 7:00)

**TICKETS FOR SALE**



**\$20 per ticket** ~Limited # of tickets, don't wait! **Send in your order by October 15th and receive 5 free Chinese Raffle Tickets!**

Includes Full-Dinner Buffet, Bottled Beer, Wash/Beverages, 50/50, Raffles  
10 Races, Sideboards, LOTS OF FUN.

**\$160 per table of (8)** RESERVE your table of (8) & guarantee seating with your friends / family.

**HORSES FOR SALE**



Example from last year's program  
(not sized to scale):

**\$15 per horse**

**HURRY, FIRST COME, FIRST SERVE until SOLD OUT!**

Consider buying a horse & ask your guests too, as it makes the evening a lot more fun cheering for your "own" horse! Horses will be randomly assigned in races/positions as received. The owner of the winning horse in each race receives a prize!

**P.S. You can buy a horse even if you can't attend the races!**

1	<b>SOLTIS 7</b> <i>Tracy de Lorraine Collins</i>
2	<b>DEUCES WILD</b> <i>Don Horvath</i>
3	<b>RICK</b> <i>Don Horvath</i>
4	<b>ALWAYS "CATCHING" THE LEAD</b> <i>Jack Swanson</i>
5	<b>13 FUZZY CHOPS</b> <i>Carol de Lorraine Collins</i>
6	<b>JACKIE BE QUICK</b> <i>Bob Roberts</i>
7	<b>TWINKLE TOES</b> <i>Ernie de Lorraine Collins</i>
8	<b>TITLE CHASE</b> <i>Reggie Ford de Motta</i>
9	<b>PACS</b> <i>Andrew Fajardo</i>
10	<b>CHELSEA</b> <i>Frank Ferguson</i>

**Questions?**

Ask team Sports Liaison  
or Call St. Peter Chanel  
Athletic office at:  
440-232-5900 ext. 125

Complete & return the bottom portion of this form to the school: **Attn: Firebird Boosters (Night at the Races)**

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
\_\_\_\_\_  
**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Horse Information**

Horse Name: \_\_\_\_\_  
Owner: \_\_\_\_\_  
Horse Name: \_\_\_\_\_  
Owner: \_\_\_\_\_  
Horse Name: \_\_\_\_\_  
Owner: \_\_\_\_\_

of Tickets \_\_\_\_ x \$20 each = \_\_\_\_\_  
# of Tables (8 guests per tables) \_\_\_\_ x \$160 each = \_\_\_\_\_  
# of Horses \_\_\_\_ x \$15 each = \_\_\_\_\_  
**Total \$ Enclosed = \_\_\_\_\_**

- Enclosed is my payment, please mail tickets to me.  
 Enclosed is my payment, please hold tickets at the door.

**Payment Method** (PLEASE NOTE: All tickets MUST be paid for in advance – **NO payment accepted at the door.** Thank you!)

Check: # \_\_\_\_\_ \$: \_\_\_\_\_  
Cash: \$: \_\_\_\_\_  
Credit Card Type: \_\_\_\_\_  
Account #: \_\_\_\_\_  
Name on Card: \_\_\_\_\_

**Please make checks payable to :**  
St. Peter Chanel Athletic Boosters  
480 Northfield Rd.—Bedford 44146

Performance dates: April 15, 16, 17, 2011 • Rehearsals begin February 2

## Chanel Senior Speaks At O.S.U. Presidents Home

St. Peter Chanel High School is proud to announce that senior Cassandra Bronson (Euclid resident and St. Clare graduate) was recently selected to speak at the home of Dr. Gordon Gee, President of The Ohio State University, at the National 4-H Board of Directors' Reception. Bronson was selected to represent over 2,000 urban youth from over 80 New York Life Youth in Governance 4-H Clubs in Greater Cleveland, Minneapolis, and New York City. Bronson honored New York Life for their commitment to helping urban youth.



Cuyahoga County Public Library  
browsing is just the beginning

## October Library News

### Jeanne Sapir / Branch Manager

(440) 439-4997 / [jsapir@cuyahogalibrary.org](mailto:jsapir@cuyahogalibrary.org)

### CCPL Career Center Counselor

Wednesday afternoons

Southeast Branch: Small Meeting Room

Career Center Counselor, Ms. Ebony Hogan, is available for resume review, interview coaching, career counseling, and job search strategies. Walk-ins and appointments are offered on Wednesday afternoons at the Southeast Branch.

### Ellenwood Book Discussion

The Southeast Branch holds a monthly book discussion on the first Wednesday of the month at the Ellenwood Recreation Center, 124 Ellenwood Avenue in Bedford. Copies of the book will be available at both the Ellenwood Center and at the Southeast Branch one month before the meeting.

### CCPL Career Center Counselor

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### G2P - National Gaming Day

Saturday, November 13, 2010

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: meeting Room

Join us for a day of games and gaming as we celebrate National Gaming Day @ your library. Click on the program title for more information.

### Anime Club

Monday, November 15, 2010 7:00 PM - 8:30 PM

Monday, November 29, 2010 7:00 PM - 8:30 PM

Monday, December 13, 2010 7:00 PM - 8:30 PM

Monday, December 27, 2010 7:00 PM - 8:30 PM

Southeast Branch: Large Meeting Room

Join us for Anime Club to play animated wii games, use the Internet and play Yu-Gi-Oh trading card games. Always popular, we sometimes set up 2 screens for dual-game play! Ages 11-18 welcome!

### Learn to Play Chess

Tuesday, November 16, 2010 5:00 PM

Tuesday, November 23, 2010 5:00 PM

Tuesday, November 30, 2010 5:00 PM

Tuesday, December 07, 2010 5:00 PM

Tuesday, December 14, 2010 5:00 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: Activity Room

Calling all 1st - 8th graders! Want to learn how to play chess? Click on the program title for more information.

### Teen: Movie Making 101 with Scenarios USA

Tuesday, November 16, 2010 7:00 PM - 8:00 PM

Registration Starts: Sunday, August 01, 2010

Southeast Branch: Large Meeting Room

Come see previous teen Short film winners, talk about the competition, and the art of movie making with Steph Wahome from Scenarios USA. You'll hear about their annual "What's the Real Deal?" writing contest and learn about writing and filmmaking. Ages 12-18.

### Computer Class: Internet Essentials

Wednesday, November 17, 2010 7:00 PM

Thursday, November 18, 2010 10:00 AM

Southeast Branch: Large meeting room

Learn how to use Internet Explorer, perform a basic Google search, and save your favorite Websites. PREREQUISITE: familiarity with computers or a Computer Essentials course.

### Touchdown For Reading

Monday, November 22, 2010 7:00 PM

Registration Starts: Tuesday, September 07, 2010 9:00 AM

Southeast Branch: Meeting Room

## Parent Connections - Family Literacy Night

Tuesday, November 23, 2010 7:00 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: Meeting Room

Join a representative from the Learning Disabilities Association will present a program on how parents can recognize learning disabilities and assist their children through learning. Click on the program title for more information.

## African-American Authors Book Club

Tuesday, November 30, 2010 7:00 PM

Southeast Branch: Large Meeting Room

The African American Authors Book Club will meet on the fourth Tuesday of each month to explore all genres of African-American writing. Join us to explore the vastness of African American writings.

## Ellenwood Book Discussion

Wednesday, December 01, 2010 1:00 PM

Southeast Branch

The Southeast Branch holds a monthly book discussion on the first Wednesday of the month at the Ellenwood Recreation Center, 124 Ellenwood Avenue in Bedford. Copies of the book will be available at both the Ellenwood Center and at the Southeast Branch one month before the meeting.

## Great Books - Family Literacy Night

Thursday, December 02, 2010 7:00 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: Meeting Room

Every Kid's life should be filled with books - at home, at school, and anywhere they travel. For more information click on the program title.

## Robotics: Music and Sound

Saturday, December 04, 2010 2:00 PM - 4:00 PM

Registration Starts: Monday, August 09, 2010 9:00 AM

Southeast Branch: Large Meeting Room

Using Lego Mindstorms computer software, students will build, program, and control robots that respond to music and sound. In this musical and fact-filled workshop, students will have the opportunity to participate in multiple activities. We'll program robots to dance to music, play notes after performing fun tasks, and play notes by color. Ages 12-16.

## Clues Club

Thursday, December 09, 2010 7:00 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: Meeting Room

Dan and Amy Cahill have traveling on the mission to find the 39 clues hidden around the world and they need your help. Click on the program title for more information

## Teen Ductigami gifts

12/14/2010

Registration Starts: Wednesday, September 15, 2010

Southeast Branch: Large Meeting Room

What gift do you give to someone who has everything? Duct tape! Make a gift that's fun, easy, free and will get plenty of compliments and joy over the holiday season.

## Money & Investing FUNDamentals

Thursday, December 16, 2010 5:00 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: Activity Room

Do you like money? Do you spend money? Then click on the program title for more information about this event.

## Homework Center Winter Break

Thursday, December 16, 2010 6:30 PM

Southeast Branch: Meeting Room

The Southeast Branch Library Homework Center will be closed from December 17 - January 18th for Winter Break. Please click on the program title for more information.

## Robotix Block 3.0

Tuesday, December 28, 2010 6:30 PM

Registration Starts: Wednesday, September 08, 2010 9:00 AM

Southeast Branch: meeting Room

Explore the world of Lego Mindstorms. Click on the program title for more information.

*Cuyahoga County Public Library consistently ranks as one of the nation's ten best and busiest library systems. The Library's mission is to provide the community with open access to resources that inform, enrich, and entertain. Its 28 branches serve 47 communities. For further information, visit [cuyahogalibrary.org](http://cuyahogalibrary.org).*

*Southeast Branch, Cuyahoga County Public Library • 70 Columbus Road • Bedford, OH 44146 • (440) 439-4997*



## Garnet Barker, Star Glass & Fine Art Recipient of Chambers of Commerce BRIGHT STARS Award!

Garnet Barker of Star Glass and Fine Art in Downtown Bedford was presented with the Bright Stars Award on October 28th at the 15th Anniversary Celebration of the Northern Ohio Area Chambers of Commerce (NOACC). The Bright Stars Award is to recognize a chamber member who has "made a significant impact on the chamber through membership, retention, sponsorship, economic development, operations and/or education." Each Bright Star is likely to be an unsung hero or a dedicated behind-the-scenes volunteer. Garnet has been an invaluable member and chairperson of the Bedford Chamber of Commerce, Arts and Cultural Board, Historical Society, and Christmas in Bedford Falls. Congratulations and many thanks to Garnet for his continued caring and devoted service to the community of Bedford.



## Greetings!

November is already upon us! Time for the cold months and the holidays! Spirit Apothecary is stocking up for your gift giving needs, and the herbs & spices for a delectable holiday meal!

Spirit Apothecary has been nominated again on Fox 8 Cleveland's Hot list - Please take a moment to vote for us! <http://fox8.cityvoter.com/spirit-apothecary/biz/57765>

Every vote counts and we thank those that have already voted!

November Sales: Culinary Herbs 20% Off

## Upcoming Events:

**Monday November 1 - Ba'al's Birthday Sale - 2:00pm - 7:00pm**

Lots of sales today to celebrate our youngster's b-day. We will be open late on Monday so the sale is only for 5 hours! Don't miss out!

**Saturday November 6 - Magickal Herbs 101 - 1:00pm - 3:00pm - \$20.00**

This workshop will cover the basics of Magickal Herbalism. The workshop encompasses folklore, planetary assignment, as well as basic formulary. Matthew will be focusing on 10 herbs, and their use in practical magick. Included with the workshop will be samples of the herbs reviewed and a 20% discount on bulk herbs purchased the day of the workshop. We will also provide writing materials for you to take notes.

**Monday November 8 - Learn to Give on the Spot Oracle Readings w/Laura Lyn - 7:00pm - 9:00pm - Cost \$39.00 - Must Register - Space is Limited!**

Learn from Laura Lyn how to give Oracle Card readings for yourself and others that will POP. You will learn how to recognize and receive messages from enlightened beings, angels and spirit guides through color and images. Open up to the universal flow that brings you to the connection of your Higher Self. This is where your Inner Mystic begins. Please bring a notebook and an open mind.

Cost for this two hour class: \$39.00 you will receive Laura Lyn's Inner Mystic Oracle Deck and instruction book.

**Saturday November 13 - Potluck, Meet Up & Drum Circle - 5:00pm - 8:00pm - Bring a Dish to Share**

Meet with other members of the community to learn, share, and have a good time! There are many paths to Spirit and all are welcome here. Please bring a dish or dessert to share, and we will supply the tea and coffee. Children are welcome! Bring your drums and instruments for a drum circle after the potluck!

**Tuesday November 16 - Home Protection Amulets - 6:00pm - 8:00pm - Cost \$20.00**

We all want our homes to be clear of negative energies, and to welcome in positive vibes. In this class we will make several different amulets that can be placed in your home protect yourself and your loved ones. All supplies are included in the cost of class.

**Saturday November 20 - Spirit Drawings with J:D Aricchi - 12:00pm - 6:00pm - Sale! \$25 for 5x7 & \$30.00 for 8x10**

In short, a spirit drawing is taking an intended person, meditating on that person or even just his/her name and creating a drawing from it. The images may begin

to appear as a visual in my mind, and further develop as I gaze into the paper. I ask for what is best for the person the picture is intended for and ask it to "appear". In many cases the images or energy that appears can include totem animals, spirit guides, representation of higher self, past loved ones and so on. Through my experience I have learned not to set any limitations on what is possible. Therefore, there are none.

Ultimately, it is the energy in the picture more than the picture itself. Many images will literally appear in a ghostly type fashion. My suggestion while viewing a spirit drawing is, open your mind, trust what you see. Do not try to find the lines that make the picture, they may not still be there when you focus in, just take what you saw or thought you saw as your "message" and act accordingly.

### Ongoing Events:

#### *Reiki Intuitive Readings with Evie*

Saturday November 13 from 3:00pm - 6:00pm

Wednesday November 17 from 6:00pm - 8:00pm

#### *Spirit Readings with Maurea*

Saturday November 13 from 2:00pm - 6:00pm

#### *Tarot Readings with Patrick*

Saturdays November 6 and 27 from 11:30am - 6:30pm

#### *Belly Dance Workshop*

Remaining classes - 11/1, 11/15, and 11/22. Cost is \$10 per class.

#### *Blessings of love, light, peace and hope!*

Melissa & Matthew, Spirit Apothecary

664 Broadway Ave. • Bedford, OH 44146

(440) 439-HERB • [www.spiritapothecary.com](http://www.spiritapothecary.com)

## 3rd Annual Winter Bazaar

### Ellenwood Community Center

124 Ellenwood Ave.  
Bedford OH 44146

Saturday November 13, 2010

9:00 am - 3:00 pm

### Free Admission

#### Tracy A. Henderson

Significant Outcomes Event Planning Services  
"Specializing in Excellent Results"

(216) 253-5252



65 Broadway Ave., Bedford, OH 44146

(440) 232-7711

Free Estimates

We work with ALL insurance companies

Award winning customer service

.....

#### **Michael B. Guyer, M.A.** Licensed Professional Clinical Counselor

Adults • Families • Adolescents  
Assessments • Testing • Referrals • Consultation

653 Broadway, Suite 212  
Bedford, OH 44146

Phone: 440-439-4511  
Fax: 440-439-4521  
E-Mail: [mguyer@msn.com](mailto:mguyer@msn.com)



## 2010 Board of Directors

**Phil Switz, President**

Catered Elegance Party Center and Catering

**Scott Shick, Vice President**

National City Bank

**Joanne Reardon, Secretary**

Light of Hearts Villa

**Dale Witt, Treasurer**

Dale Witt, CPA



## 2010 Board of Trustees

**Mike Romito**

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St. Peter Chanel High School

**Therese Chap.M.an**

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Spinks Business Graphics

**Lori DeVore**

DeVore Technologies

**Gina Pieragostine**

Office Manager



Visit our Website at:

[www.bedfordchamberoh.org](http://www.bedfordchamberoh.org)

Our e-mail address is:

[bedfordchamberoh@sbcglobal.net](mailto:bedfordchamberoh@sbcglobal.net)



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