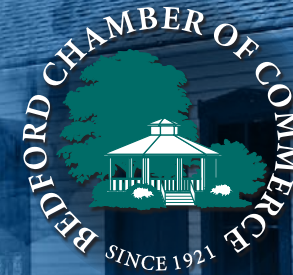


# CHAMBER CHATTER



The Official Publication of the Bedford Chamber of Commerce

JANUARY 2011

## Christmas in Bedford Falls 2010

Thanks to all of the sponsors and participants who helped make Christmas in Bedford Falls a smashing success! Special thanks to the City of Bedford for all of their support.

See you next year!

***The Christmas in Bedford Falls Planning Committee***



## A Message from the President...

Hope everyone had a wonderful Christmas and New Years spent with family and friends.

We were all happy to see a little break from old man winter—the warmup was welcome. Seeing the green grass on the square thoughts turn to warmer days—Party in the Park, Rib Burnoff, Lions Carnival and Golf Outings. It won't be long until the days get longer and sun a little warmer. As we begin a new year I would just like to thank past President Phil Switz for his hard work these past two years. The Chamber is in a good shape thanks to you. I look forward to working with all of a you. We have a good board and any help is always appreciated. You don't have to be on the board to get involved if there is anything you would like to help with from Party in the Park, the Golf Outing or Christmas in Bedford Falls just let us know. We are always looking for good people to get involved. In closing I will leave you with this Sanskrit Proverb: *Yesterday is but a dream, tomorrow is only a vision. But today, well lived, makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day, for it is life, the very life of life.* Hope to see you all at the State of the City Address.

***Mike Romito, President***

UH Doctors make the Difference.

In the ED doors.  
In an ED room.  
With an ED doc.

In 30  
minutes.



### Introducing ED Direct. At UH Bedford Medical Center.

When you walk in for emergency medical care,  
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With ED Direct at UH Bedford Medical Center, a nurse will immediately begin your care experience with our "Quick Reg" patient registration process. After your symptoms and vital signs are recorded, you'll be taken to one of our well-equipped examination areas for a more detailed assessment of your condition. This includes documenting current medications, allergies and risk factors which may impact your care. And then...you'll see a doctor.

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\* You may be attended to by a Physician,  
Physician Assistant or Nurse Practitioner.

## Bedford Chamber of Commerce



Join us for...

*The State of the City Address*  
Luncheon ~ Wednesday, January 19, 2011

Networking ~ 11:30 pm    Lunch ~ 12:00 noon ~ State of the City ~ 12:15 pm

Name \_\_\_\_\_

Company \_\_\_\_\_ Number Attending \_\_\_\_\_

*Catered Elegance 1160 Broadway Ave., Bedford*

*Roasted Pork Loin ~ Pasta with Marinara Sauce  
Potato ~ Vegetable ~ Dessert ~ Coffee, Hot & Iced Tea*

*Luncheon cost is \$15.00 per person ~ State of the City with no lunch is free*

*\*\*\*Reservations are required by ~ Monday, January 17<sup>th</sup>*

RSVP to Email: [bedfordchamberoh@sbcglobal.net](mailto:bedfordchamberoh@sbcglobal.net)

Office (440) 232-0115    Fax (440) 232-0521



## UH Bedford Medical Center Wins National Award

University Hospitals Bedford Medical Center was recognized last month at the Press Ganey National Client Conference in Orlando Florida. The annual conference invited more than 150 clients to attend and be applauded for their efforts in a variety of healthcare endeavors including categories such as “Partner of Choice,” “Best Place to Practice,” “Distinctive Workplace” and “Top Improver.”

One of only 29 facilities nationwide to be recognized in the “Top Improver” category, UH Bedford Medical Center received the award for showing continuous improvement in our Emergency Department scores over a two year period. Winners of this prestigious award have achieved an improvement rank of 95 or above.

In attendance to accept the award were Kathy Blake, RN, Director of Nursing; Eric Csernik, MD, Emergency Department Medical Director; Janine Vail, RN, Nurse Manager, Telemetry Unit; and Emergency Department staff nurses Michelle Boldin and Jackie Hofmeister.

Press Ganey has been the healthcare industry’s recognized leader in performance improvement for over 25 years. The company is comprised of seasoned professionals that offer strategic consulting to help healthcare facilities improve quality, clinical outcomes and patient satisfaction scores. According to the Press Ganey website, “Top Improvers rise to the challenge every day, inspiring unwavering dedication across the organization and sustaining excellence over time.”

UH Bedford Medical Center is proud to be part of this elite group and looks forward to exceeding

*“We are very proud of our ED staff for receiving this prestigious award from a nationally recognized organization like Press Ganey. This is another testament to the tremendous care that UH Bedford Medical Center and our fine staff provide to our community.”*

**Sean McKibben**  
President, UH Bedford Medical Center

the expectations of our patients in our Emergency Department and throughout our hospital, every day!

### Healthsource Bedford Chiropractic Consultation, Exam and X-Ray Just this month (a \$189.00 value)

Then, after this detailed look into WHY you hurt, we’ll sit down together and go over everything. We’ll answer any questions and discuss your options for feeling better. We’ll also work out a written action plan to get you there, so it’s all down in black and white. And even after all this, you’re STILL under NO OBLIGATION to do anything, or to spend even one thin dime.

Offer not valid for federal insurance beneficiaries or ACN participants.

**Dr. Dereck Armin, DC**  
Bedford Chiropractic and Rehab Clinic Director  
690 Broadway Ave. • Bedford, Ohio 44146  
(440) 232-4325

*Offer does not include any other treatment or services.*

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We work with ALL insurance companies  
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Adults, Families, Adolescents, Assessments, Testing, Referrals, Consultation  
(440) 439-4511  
653 Broadway Ave. • Bedford, Ohio 44146  
mguyer@msn.com



## St. Peter Chanel To Hold Annual Benefit Auction

St. Peter Chanel High School will be holding their Annual Benefit Auction on Saturday, February 5, 2011 at the Executive Caterers of Landerhaven in their Grand Ballroom. Doors open at 6:00 P.M. with dinner being served at 7:30 P.M. The ticket price of \$75.00 per person includes open bar, dinner, and live entertainment. Proceeds from this event benefit the St. Peter Chanel Scholarship Fund. Program advertising is available. The evening includes a silent and live auction where guests may bid on autographed memorabilia, golf foursomes, vacation excursions; fine jewelry; special event tickets; fine dining; hotel packages; and much more! Call (440) 232-5900 extension 133 for more information.

*As part of the Auction, Chanel is selling raffle tickets for a week's family vacation in Hilton Head.*

- Winner to be announced at Benefit Auction on February 5, 2011
- Tickets are \$50 and only 500 will be sold
- Winner need not be present; so share a ticket with relatives and/or friends
- Winner will enjoy a week's stay at this beautiful house for up to 14 people with 6 bedrooms, 6.5 baths, pool, Jacuzzi, and more. This home is simply the most incredible home in the Palmetto Dunes Resort. The 6,400 square foot home has breathtaking ocean views to compliment its unbelievable amenities.
- Tickets will be sold on a first come, first serve basis so be sure to call (440) 232-5900 ext. 133 to reserve a ticket or email at [jkennedy@stpeterchanel.com](mailto:jkennedy@stpeterchanel.com)
- Availability based on mutual agreed upon dates

- To get a peek at this incredible house, visit: [www.islandgetaway.com](http://www.islandgetaway.com); click on "Rental Properties"; click on "near Ocean Homes"; scroll down to "Palmetto Dunes"; then to "6 bedroom"; and click on "7 Brigantine"

### Chanel Theatre Company

presents  
**Reality Bites**



**Back**

By Eileen Moushay

**Audience Participation  
Murder Mystery and Wine Tasting  
Adults-only Event**

Saturday, January 29th 7:00 P.M.

at Heidelberg Distributing, 9101 Pleasant Valley Rd.  
Independence 44131

Tickets: \$30.00/person

*Ticket includes show, appetizers/desserts, wine/beer samples, door prizes!*

\*Chinese Raffle/50-50 tickets will be sold\*

**Tickets by Reservation Only**

(440) 232-5900

*Please join us for the 21st Annual Benefit Auction to support the St. Peter Chanel Scholarship Fund*

*Saturday, February 5, 2011*

*Executive Caterers at Landerhaven*

*6111 Landerhaven Drive, Mayfield Heights, Ohio*

*Grand Ballroom*

*Reservations: \$75 per person*

*Please RSVP by January 28, 2011*

*Cocktails at 6:00 P.M.*

*Dinner at 7:15 P.M.*

*Live and Silent Auction*

*For more information, please contact:*

*Jule Kennedy at (440) 232-5900, ext. 133*

## Grande Oaks— Grande Pavilion

Join us for a free  
Lunch and Learn Caretenders presenting

**~ Preventing Falls ~**

January 19, 2010 • 12:00 P.M.

Please call and RSVP:

**(440) 439-7976**

**Grande Pavilion**

**24613 Broadway Ave.**

**Oakwood Village, OH 44146**

A Proud Embassy Healthcare Facility

[www.embassyhealthcare.net](http://www.embassyhealthcare.net)

# Ask The Dentist

## Question: What are dental lasers?

**Answer:** Depending on your age, you might associate lasers with Star Wars or planetarium shows. Lasers are now part of our lives in many ways. They are in our computer printers and compact disc players, they record prices at the supermarket check-out, they light up rock concerts, and they guide weapons and measure distances between planets. Lasers have also revolutionized many surgical procedures, minimizing bleeding, swelling, scarring, and pain. And now they're beginning to blaze a new trail in dentistry.

The potential benefits of laser use in dentistry include procedures done on soft tissues of the mouth. Because laser techniques cause LESS PAIN than traditional methods, they are also likely to reduce the fear that many people have of the dentist. At the very least, lasers in some dental applications would eliminate the noise of the instruments that to some patients are nearly as disturbing as the physical discomfort.

The FDA has cleared certain lasers for soft tissue use, such as gingivectomies [removing excess gum tissue], but not for hard tissues. The hard tissues include tooth and root, while soft tissues of the mouth refer to the gums, the ligaments and fibers that bind tooth to socket, and the tissue supporting the tongue.

### *Some Current Dental Laser Procedures*

Replacing conventional soft tissue dental surgery with lasers often eliminates the need for sutures and anesthesia. Today lasers can:

- Remove excess gum tissue, which can develop as a side effect of taking certain drugs, poor oral hygiene, or braces, in a procedure called gingivectomy.
- Expose or uncover dental implants, which are replacement tooth roots made of steel or titanium surgically embedded in the jawbone. These can become covered with too much soft tissue. A CO2

laser can quickly expose the implant for the dentist to work on the restoration (putting a tooth atop the implant).

- Relieve the pain of aphthous ulcers (cold sores) and mouth sores. This doesn't make the sores heal faster, but it does relieve the pain. Both CO2 and Nd:YAG lasers can relieve the pain instantly — used on low power, WITHOUT an anesthetic.
- Remove excess tissue under the tongue in less than two minutes, in a procedure called frenectomy. Hasten clotting of bleeding caused by other procedures. Lasers can be used to sterilize and reduce the depth of "pockets" around the teeth of people with periodontal (gum) disease. The laser kills the bacteria that are inflaming the gums and destroying the bone around the tooth.

### *Dental Laser Cleaning*

The CO2 laser can be used to perform surgical procedures within the oral cavity such as frenulectomy, gingivectomy, removal of small tumors of the mucosa and of other lesions, for example, leukoplakias, and for modeling the edge of the tooth before taking a copy of the tooth for the laboratory. These can all be performed during an office visit and with practically no bleeding. The great news additionally is that we now have a Co2 laser, so come visit us and see how easy it can help make you healthy.

### *Keep Smiling!*

*Jane L. Dodson DDS*

*Ask the Dentist* is devoted to answering your questions about the Art and Science of Dentistry. Send your question today!

***UH Medical Building, 88 Center Road,  
Suite 330, Bedford, Ohio 44146***

[www.ohiogentledentist.com](http://www.ohiogentledentist.com)

Contact us at (440) 201-7530 or  
[allsmiles\\_dodson@yahoo.com](mailto:allsmiles_dodson@yahoo.com)



*411 Northfield Rd., Bedford*

**The Applebee's in Bedford** has spruced up the neighborhood! The restaurant underwent a complete remodel in mid December, closing for 3 days and reopening with a brand new look! The décor of the restaurant is now more community related; including a wall mural of Northfield Park and Thistledown Race Track, various neighborhood pictures of Bedford and action shots of Bedford High School and Chanel sports teams.

*New look – same great neighborhood feel!*

**All Chamber members can save 10% on their food purchases in January at the Bedford Applebee's by showing the Chamber newsletter.**



## A Message from Boy Scout Troop 447

Troop 447 / USO would like to thank you for letting us be a part of it again. The USO got 110 letters and pictures that were mailed to the troops from Twinsburg. Also, the troop gave out 200 cups of hot chocolate, and the s'mores supplies were all used up. We also gave a 4 ft. pickup bed full of food, and we were given \$35.00 for food that all went out in baskets with the Bedford Loins club. The club said thank you for the support again this year. We all look forward to the 2011 event!

***Ernie Walker, Scoutmaster Troop 447***



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If you have any questions, please call **800-599-2902** or email [sales@partnership.com](mailto:sales@partnership.com).

*\*Includes a 5% online processing discount. For eligible FedEx services and rates, contact your association or PartnerShip. All FedEx shipments are subject to the applicable FedEx Service Guide at fedex.com. FedEx service marks used by permission.*



## 2011 Bedford Chamber of Commerce Membership Application

COMPANY NAME \_\_\_\_\_

APPLICANT'S NAME: \_\_\_\_\_ TITLE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_ EMAIL: \_\_\_\_\_

WEBSITE: \_\_\_\_\_

DESCRIPTION OF PRODUCT/ SERVICES: \_\_\_\_\_

COMPANY CONTACT PERSON(S): \_\_\_\_\_

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

*Please check the appropriate category:*

- 1-10 FULL TIME EMPLOYEES.....\$125.00
- 11-25 FULL TIME EMPLOYEES..... \$225.00
- 26-99 FULL TIME EMPLOYEES.....\$325.00
- 100-299 FULL TIME EMPLOYEES.....\$425.00
- 300-500 FULL TIME EMPLOYEES..... \$525.00
- 501+ FULL TIME EMPLOYEES.....\$750.00
- NOT FOR PROFIT RETIREMENT FACILITIES.....\$175.00
- HOTELS, MOTELS, CONDOS, APARTMENTS.....\$175.00

NUMBER OF EMPLOYEES: \_\_\_\_\_ YEARS IN BUSINESS: \_\_\_\_\_

INDIVIDUAL MEMBERSHIP (City of Bedford Residents).....\$40.00

BEDFORD RESIDENT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**Bedford Chamber of Commerce | 33 South Park, Bedford OH 44146 | 440-232-0115**



## January Library News

### Jeanne Sapir / Branch Manager

(440) 439-4997 / [jsapir@cuyahogalibrary.org](mailto:jsapir@cuyahogalibrary.org)

Pick up one of our free program guides for information on programs. Winter Program Guides are now available at the library and by going to [www.cuyahogalibrary.org](http://www.cuyahogalibrary.org).

**Job hunting? Changing careers?** Our FREE and confidential career services can help! During the months of December and January, a professional career counselor from the Career Center located in the Maple Heights branch will be at the Southeast branch on Wednesday afternoons. Ms. Hogan can provide career assessment and planning, resume and cover letter review, job search and interview preparation. Call the Career Center at (216) 475-2225 to arrange an appointment (mention you want to meet the counselor at the Southeast Branch)

**The Homework Center** continues to welcome the young people and their families for free after-school help. The Program Coordinator and Cleveland State University American Reads Homework Coaches, and trained volunteers provide a positive learning environment designed to help students gain life-long learning skills.

**We offer:** Homework Assistance, Internet Access, Educational Books and Games, PC and Database Access.

The Southeast Branch Homework Center is open Monday–Thursday from October 13, 2010–May 2011 for children in Kindergarten–6th grade. Sessions run: 4:00–5:15 P.M. and 5:15–6:30 P.M.

Legal guardians register their students in person for 2010–2011 at first visit to the center.

The Homework Center’s Winter Break is from December 16 through January 17, reopening on January 18.

**Are you a Facebook Friend?** Join The Southeast Library Friends page on Facebook, become a fan of Cuyahoga County Public Library, and receive news of events and information through Facebook.

## Library Programs

### Adult Programs

#### *Book Discussions*

January 25, 7 P.M. Til You Hear From Me by Pearl Cleage

### Childrens

#### *Homework Center*

The Southeast Branch Homework Center is open Monday–Thursday for children in Kindergarten–6th grade. Sessions run: 4:00-5:15 P.M. and 5:15–6:30 P.M.

Legal guardian will register in person for the 2010-2011at first visit to the center.

The Homework Center resumes on January 18, 2011. Keep reading!

#### *Technology Family Fun Night–Family Literacy Night*

**Thursday, January 20, 2010 7:00 P.M.**

There are amazing, free programs on the Web for kids of all ages that teach valuable lessons in reading, math, and the sciences while building your children’s tech skill set. Whether you are new to the internet or a computer whiz..give computer educator Steph Sutton an hour and learn more ways to enhance your computer time!

#### *I Have a Story*

**Thursday, January 13, 2011 7:00 P.M.–8:00 P.M.**

Come celebrate the life and legacy of Martin Luther King, Jr. with renowned storyteller Barbara Eady. Specializing in African-American tales, Eady brings stories alive using chants, poetry and songs. Fun for the whole family!

### *Black History’s Great Contributions to the World!*

**Thursday, January 27, 2011 7:00 P.M. For the whole family!**

History comes alive through storytelling, innovative games, and the singing of spirituals. Join us for a unique understanding of history through the tapestry of music through the ages, singing of songs, spirituals, call and response chants. Find out what would happen if “Black History” did not exist. Youth will use their imagination to creatively place the puzzle pieces of history back together again.

#### *Story Times*

Story times resume January 3, 2011

#### **Family Storytime • Mondays 6:30 P.M.**

A 25-minute program of rhymes, songs, fingerplays and stories for 3–5 year olds not yet in Kindergarten. No registration needed, just come and join us for the fun!

#### **Story Station • Wednesdays 10:00 AM**

A 25-minute program of rhymes, songs, fingerplays and stories for 19 months–5 year olds and their caregivers. No registration needed, just come and join us for the fun!

#### **Twilight Tots • Wednesdays 6:30 P.M.**

25-minute program of rhymes, songs, fingerplays and stories for Birth–35 month olds and their caregivers. No registration needed, just come and join us for the fun!

### Teen

#### *Anime Club*

Join other teens who enjoy anime.

**Mondays, December 13 and 27, 7:00 – 8:30 P.M.**

Stop in and say hello to Ms. Jackson! She will be happy to meet you and to talk about what you would like to have happen at the library!

## ***Yu-Gi-Oh, Naruto and Pokemon trading card gaming day!***

**Monday, January 31, 2011 7:00 P.M.–8:30 P.M.**

Tweens and Teens ages 10-18 are welcome to learn and practice their trading card gaming skills for Yu-Gi-Oh, Naruto and Pokemon. Please bring your own deck if you have one to practice with. Because this is a learning experience, players will leave with the cards they came with rather than trading them away. Be aware of the cards you own and make a list if you need to. Game practice with a particular game depends on how many players bring in decks. Snacks provided!

*Cuyahoga County Public Library consistently ranks as one of the nation's ten best and busiest library systems. The Library's mission is to provide the community with open access to resources that inform, enrich, and entertain. Its 28 branches serve 47 communities. For further information, visit [cuyahogalibrary.org](http://cuyahogalibrary.org).*

*Southeast Branch, Cuyahoga County Public Library • 70 Columbus Road • Bedford, OH 44146 • (440) 439-4997*



**Bedford Historical Society**  
**BEDFORD, OHIO**

## **Bedford Libraries**

Did you know that there are two public libraries located in Bedford today? While you ponder the question, let's look at the history of libraries in this area.

### **The Bacon Library**

The first recorded library to serve the area is the Bacon Library established in 1848.

The library was a 'stock company' with members and

a board of directors. The initial groundwork for the library was at a meeting on March 6, 1848 at the Baptist Meeting Hall. The collection was limited to books 'of a moral or religious character and tendency.' Popular titles included *Pilgrim's Progress*, *The Life of Roger Williams*, *How to Be a Lady*, *My Progress in Error*, *Dick's Improvement of Society* and *Mammon, a Prize Essay*.

Members elected a librarian at each annual meeting. The duties included "take care of books and loan, and keep a book of stockholders, their books and titles."

Hiram Bacon was chosen as chairman of the stockholders. The first librarian was W.G. Johnson. The photo below shows the white Baptist Church.



### **The Taylor Library**

William Orville Taylor, founder of the Wm. O. Taylor Chair Company, operated a library. Taylor apprenticed to Benjamin Franklin Fitch who was considered the father of Bedford chair making. He married the boss's daughter. In retirement, Taylor opened a library. The Taylor Library had over a 1400 books. One of the popular books at the time was *Treasure Island* by Robert Louis Stevenson. Mr. George Nichols, an elderly resident of an old Bedford family, recalled in a 1952 interview, that his father confiscated the borrowed book when he read 'Yo Ho Ho and a bottle of rum'.

### **The County Library**

The Cuyahoga County Library had a presence in

Bedford beginning in 1924. After the Ohio Legislature voted to allow counties to create libraries where no other public library existed, the county approached the Bedford school district for space in the then new Bedford High School at the corner of Columbus Rd and Washington St. 1,000 borrowers were registered by the first year.

In 1940, the Newman Robinson building at the corner of Broadway and Powers Rd was secured for use as a public library. Los Gallos, our poplar restaurant is the latest tenant of the old 1890s building. The move was not without difficulty. The school board refused to allow the books and catalogue to be moved to the new location. They were intent on keeping the library at the high school and receiving the rent money provided with the arrangement between the district and the county library system.

Mrs. Craig, the librarian, borrowed books from other sources and recalled from memory, items in the catalogue. The new library, on the first floor of the Newman building, opened on schedule. The struggle between the library and the school board made ugly headlines.

The County Library occupied two additional locations over the past 50 years. A brick building was built on Center Road; it was razed a few years ago to make way for the new Bedford Municipal center. The newest location is back on the corner of Columbus Rd. and Washington St.

About that question- If you guessed the Southeast Branch of the Cuyahoga County Library and the Bedford Historical Society Library. You were correct. The Historical Society library contains 15,000 volumes of mainly historic first edition books including one of the largest collections of Lincolniana and Civil War books in the area. It also has an extensive railroad collection.

***Janet Caldwell, Bedford Historical Society***



## Greetings!

The New Year has arrived!  
With it more cold and snow  
– we are looking forward to  
spring at the Apothecary  
already! Stop in by to warm up

and stay for a workshop or get a reading to see what's in  
store for the new year.

A huge thank you for everyone that voted for us on the  
Fox 8 Cleveland Hot List—we came in Second Place!

Spirit Apothecary is in Ohio Magazine this month.  
Listed in the Best of Ohio edition, we are the Best Source  
for Native American Botanicals and Herbs!

Here's the link to the Best Of Ohio page: [http://www.ohiomagazine.com/Main/Articles/Best\\_of\\_Ohio\\_4315.aspx](http://www.ohiomagazine.com/Main/Articles/Best_of_Ohio_4315.aspx)

### Workshops and Events:

**Saturday January 8 – Potluck, Meet Up and  
Drum Circle—5:00 P.M.–8:00 P.M.—Bring a  
Dish to Share**

Meet with other members of the community to learn,  
share, and have a good time! There are many paths  
to Spirit and all are welcome here. Please bring a dish  
or dessert to share, and we will supply the tea and  
coffee. Children are welcome! Bring your drums and  
instruments for a drum circle after the potluck.

**Saturday January 22 – Wellness Herbs – 1:00  
P.M. – 3:00 P.M. – Cost \$10.00**

Learn about the many ways herbs can keep you healthy  
and happy! In this class Matthew will review the  
basics of the herbs that will help with your health. If  
you attend this class all wellness/herb books are  
20% this day!

**Saturday January 29 – Crystal Healing – 1:00  
P.M. – 3:00 P.M. – Cost \$20.00**

Learn about placement of crystals for healing and which  
ones are best for each area. Included in the cost of class

will be a goodie bag with some of the crystals reviewed.  
We will practice the techniques on each other to get  
your comfortable with the energies of the stones. Any  
attendees of the class will also enjoy 20% off any crystal  
purchases made today.

**Monday January 31 – Brigid's Cross Workshop –  
7:00 P.M. – 8:00 P.M. – Cost \$10.00**

Learn how to make a Brigid's Cross for the upcoming  
holiday and the meaning behind the cross.

**Saturday February 5 – Herbal Erotica – 1:00  
P.M. – 3:00 P.M.—\$10.00**

Not only are herbs wonderful healers, they also have a  
fun and playful side. Learn about the herbs to stimulate  
the libido and tantalize the senses. Enough to put  
anyone in the mood! Attendees of this class will also  
enjoy 20% off their herb purchases this day.

### Ongoing Events:

**Reiki Intuitive Readings with Evie:**

Saturday January 8 from 3:00 P.M. – 6:00 P.M.!

**Spirit Readings with Maurea:**

Saturday January 15 from 2:00 P.M. – 6:00 P.M.

**Tarot Readings with Peggy:**

Every Friday from 3:00 P.M. to 8:00 P.M.

**Cleveland Pagan Pride Day Planning**

Next meeting Sunday January 9 at 7:00 P.M. – Meeting at  
Spirit Apothecary

- Interested in helping, stop by a meeting to get involved  
or call us at the shop.

**Blessings of love, light, peace and hope,**

*Melissa and Matthew*

*Spirit Apothecary*

*664 Broadway Ave. • Bedford, OH 44146*

*(440)439-HERB*

*www.spiritapothecary.com*



## 2011 Board of Directors

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**Joanne Reardon, Secretary**

Light of Hearts Villa

**Dale Witt, Treasurer**

Dale Witt, CPA



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